

# Sensate Focus: The Art & Science of Mindful Touch

Discover & develop competence in Sensate Focus suggestions (the foundation of Sex Therapy), its value for working with clients' intimacy, relationship, & sexual concerns, & its association with mindfulness practice

**Regular Price: \$325**

**Early Bird Registration \$250**  
*St Louis–Sept 12 Delray Beach–Dec 12*

**6 AASECT CEs**

Photo Credit: Raymond Gehman  
at [www.raymondgehman.com](http://www.raymondgehman.com)

## Workshop Goals:

- §§ Overview of the history and application of Sensate Focus
- §§ Identify the what, when, and how of assigning & processing suggestions
- §§ Clarify Sensate Focus Levels 1 & 2

## Workshop Components:

- §§ Present the underpinning of Sensate Focus & their relation to mindfulness practice
- §§ Differentiate clients' intimacy & sexual concerns
- §§ Describe the general Sensate Focus hierarchy, & its pacing and processing
- §§ Offer modification specific to diverse demographic & clinical populations
- §§ Provide demonstration & opportunities for practice & feedback

## *About the Facilitators*



Constance Avery-Clark, Ph.D., is an AASECT-Certified Diplomate in Sex Therapy. She holds a doctorate in Clinical Psychology and another in Jungian Psychology. Dr. Avery-Clark was Research & Clinical Associate at Masters & Johnson Institute, is a published author, and has been in private practice for 27 years. (Photo Credit: Caroline AdamsClark at *BeyondTheSee.com*)



Linda Weiner, MSW, LCSW, is an AASECT-Certified Diplomate in Sex Therapy, Sex Therapy Supervisor & CE Provider, adjunct professor, clinician, & published author. She was Research & Clinical Associate as well as Director of Workshops at Masters & Johnson Institute. She writes with Dr. Avery-Clark on Sensate Focus touching techniques & mindfulness practice.

## For Inquiries & Registration

October 23<sup>rd</sup>, 2015, 9am–5 pm  
Maggiano's Italian Restaurant  
St. Louis, Missouri

Contact:  
314-588-8924  
[sextherapiststlouis@yahoo.com](mailto:sextherapiststlouis@yahoo.com)

January 23<sup>rd</sup>, 2016, 9am–5 pm  
Duncan Conference Center  
Delray Beach, Florida